# Patient Information

## **ERCP Aftercare**

(Endoscopic retrograde cholangiopancreatography)



#### Following your ERCP:

- You should have a light very low fat diet for 48 hours after your procedure unless advised otherwise
- You may have a sore throat for 24 48 hours
- Report to Accident & Emergency (A&E) if you develop persistent or worsening pain in the abdomen, neck, chest or back and if you develop a high temperature worsening jaundice or new onset of jaundice.
- Advice can be obtained from the endoscopy unit on 01493 452370 Monday to Friday 08.00 to 18.00
- In an emergency outside of these hours contact the A&E department on 01493 452559

#### Medications you were given during your procedure:

- You have had throat spray Yes [] No []
- You have had Buscopan® Yes [] No []
  If you develop symptoms such as pain in the eye, blurred vision, haloes round lights, nausea and vomiting please report to A&E
- You have had sedation Yes [] No []

### If you have had sedation:

- Go home and rest for today
- Do have someone at home with you overnight
- Do not drive your car or operate any machinery for 24 hours
- Do not sign any legal documentation for 24 hours
- Do not drink alcohol for 24 hours

## For your information:

	Copy of Endoscopy Report received: Yes [ ] No [ ]
	Patient Information Leaflet for condition:[ ]
	Medication advice:
	Restart date for Antiplatelets / Anticoagulants:
	Follow Up:
	Return to GP [ ]
	Return to consultant surgeon to determine follow up required [ ]
	Clinic appointment [ ]
	Further test (e.g. x ray, endoscopy) :[ ]
	Other (e.g. refer dietician):[ ]
	Histology (samples) taken: Yes [ ] No [ ]
Results will be available from:	
	GP [ ] Consultant [ ] name:
	Results should be available after four to six weeks. If you have not heard from your consultant
	after two months, please contact the consultant's secretary.

Any other questions raised .....

#### Feedback

We want your visit to be as comfortable as possible. Please talk to the person in charge if you have any concerns. If the ward/ department staff are unable to resolve your concern, please ask for our Patient Advice and Liaison (PALS) information. Please be assured that raising a concern will not impact on your care. Before you leave the hospital you will be asked to complete a Friends and Family Test feedback card. Providing your feedback is vital in helping to transform NHS services and to support patient choice.



TRAN an interpreter or person to sign to assist you in communicating effectively with staff during your stay. Please let us know.

For a large print version of this leaflet, contact PALS 01493 453240