

**NHS**Norfolk and Suffolk  
NHS Foundation Trust

# NSFT VETERANS SERVICES

*"Enhanced support for Veterans in Norfolk & Suffolk"*

*Coastline* 

## Veterans Integrated Service Wellbeing support groups

### Monday 11am-1pm

Riversdale Centre, Tanner Court, Tanner Street,  
Thetford, Norfolk, IP24 2BQ

### Tuesday 11am-1pm

The Newbury Community Centre, 1 Charles Place,  
Bury St Edmunds, Suffolk, IP32 6TD

### First Wednesday of the month 11am-1pm

James Paget University Hospital, Lowestoft Road,  
Gorleston-on-Sea, Great Yarmouth, NR31 6LA

### Thursday 11am-1pm

Toast, Old Market Place, Sudbury, CO10 1TL

### Friday 1.30-3.20pm

Sprowston Sports & Social Club, Blue Boar Lane,  
Norwich, NR7 8RJ

Improving together  
**Safer • Kinder • Better**

