



We are SSaFA, the Armed Forces charity



We have been supporting the Armed Forces family for more than 135 years and not just during times of conflict. We help those currently serving, veterans and their families to retain their independence and dignity.

Our services are diverse, and so are the people we help. With your help, whether practical, emotional or financial, we can get them the support they need.

TO FIND OUT MORE

Call: **East of England - 0204 566 9129**

Email: **east.region@ssafa.org.uk**

ssafa.org.uk

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